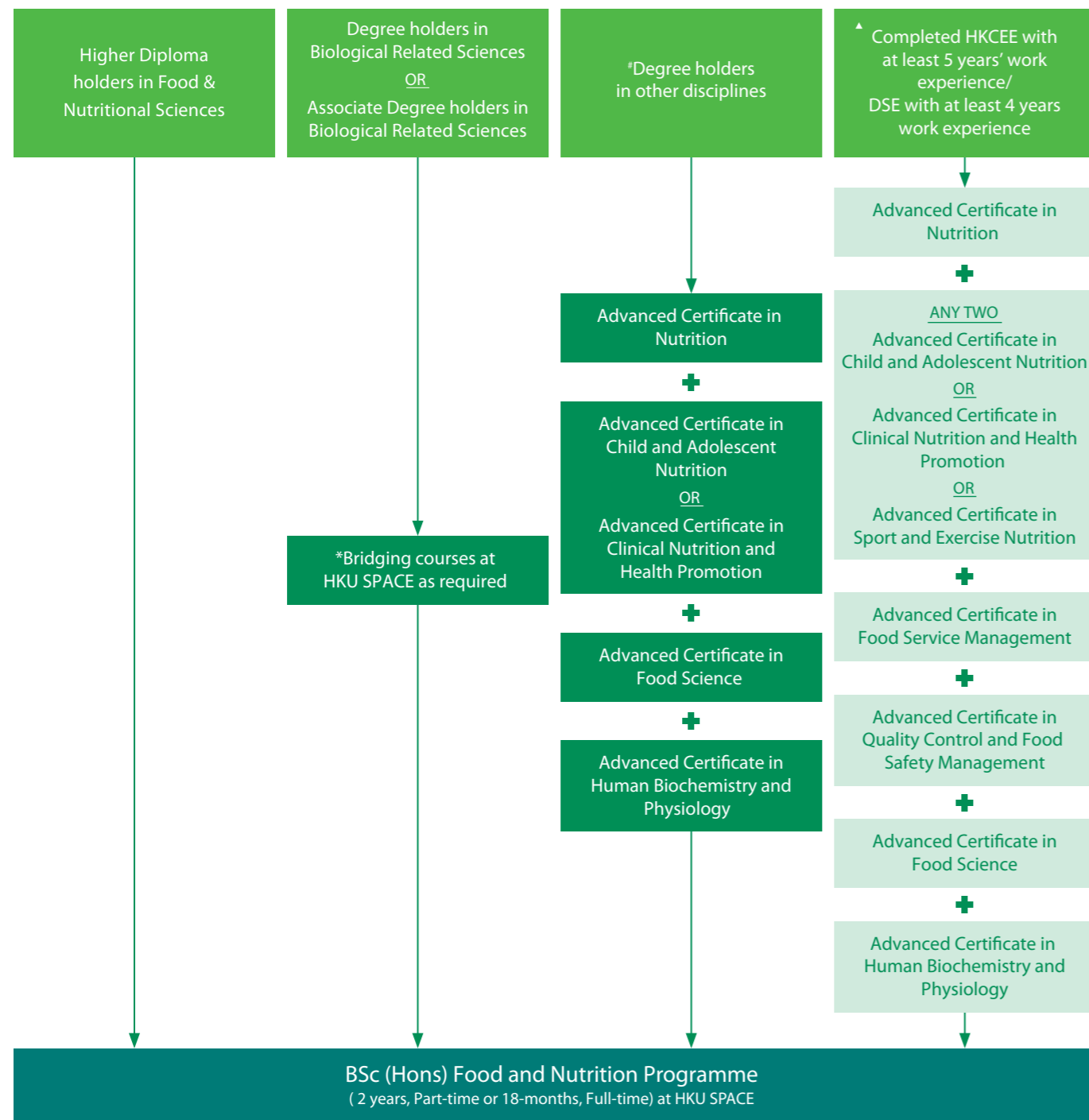


Progression route towards BSc (Hons) Food and Nutrition programme  
in collaboration with Ulster University, U.K.



## Bachelor of Science (Honours) Food and Nutrition



THE UNIVERSITY OF HONG KONG  
School of Professional and Continuing Education

In Partnership With  
ULSTER UNIVERSITY, U.K.

- ▲ 5 HKCEE passes or 5 DSE passes or equivalent AND proficiency in English (e.g. HKCEE English Language (Syll. B) at Grade E or (Syll. A) at grade . C or (in or after 2007) at Level 2 or HKDSE English Language at level 2 or equivalent.
- \* "Bridging courses" to be advised by programme team, based on the applicant's academic background. (e.g. Applicants with limited knowledge in food science are required to study Advanced Certificate in Food Science prior to entry to the BSc (Hons) Food and Nutrition Programme.)
- # Degree holder in other disciplines who have successfully completed the HKU SPACE programmes namely Advanced Certificate in Nutrition, Advanced Certificate in Child & Adolescent Nutrition or Advanced Certificate in Clinical Nutrition & Health Promotion, Advanced Certificate in Food Science and Advanced Certificate in Human Biochemistry & Physiology, will normally have satisfied the entry requirements.
- + This is an exempted course under the Non-Local Higher and Professional Education (Regulation) Ordinance. It is a matter of discretion for individual employers to recognize any qualification to which this course may lead.

College of Life Sciences and Technology  
Dietetics, Food and Nutritional Sciences

Tel: 3762 0833 / 2975 5878

Email: [nutrition@hkuspace.hku.hk](mailto:nutrition@hkuspace.hku.hk)

Website: <https://hkuspace.hku.hk/interest/life-and-health-sciences/dietetics-food-and-nutrition>

For more details:



# Bachelor of Science (Honours) Food and Nutrition

## Programme Code: HSO14A

### Introduction

The Bachelor of Science (Honours) Food and Nutrition programme offers the opportunity for sub-degree graduates or equivalent to pursue a degree with honours in Food and Nutrition and develop a career in food and nutritional area.

This programme aims to provide a comprehensive education in food and nutrition, which enables graduates to have a wide range of employment and progression options for further study. It is an extension programme to an honours degree level for applicants who hold the Higher Diplomas or Associate Degrees or the combined credit transfer equivalent, obtained from successfully completing required Advanced Certificates at HKU SPACE.

### Programme Structure and Content

The programme curriculum is based largely on the BSc (Hons) Food and Nutrition programme offered by the University of Ulster, UK. Taking into account the different culture and food habits of Asia and U.K., this programme has been adapted for Hong Kong and its neighbouring countries.

The content integrates theory and practice in a range of food and nutrition science subjects with complementary studies in research, enterprise and transferable skills. Students enter into a level 5 bridging course and upon successful completion proceed to a set of compulsory level 6 modules. This extension programme is typically of two full calendar years (part-time) duration.

This extension programme comprises 180 credit points, in which three modules are at level 5 and a further six modules are at level 6. The internal coherence of the educational aims of the course and its associated learning outcomes demand that all modules are compulsory.

#### Teaching Block I (Modules at UK Credit Level 5)

1. Microbiology
2. Global Innovation-led Entrepreneurship
3. Transferable Skills Biosciences

#### Teaching Block II (Modules at UK Credit Level 6)

4. Health Promotion and Nutrition Education
5. Food Safety Management
6. Nutrition Research Methodology

#### Teaching Block III (Modules at UK Credit Level 6)

7. Biochemistry and Molecular Nutrition
8. Clinical Nutrition
9. Food, Nutrition and Dietetics Research Project

### Progression

Upon completion at an appropriate performance level graduates may be considered to enter the PgDip/MSc Human Nutrition, PgDip Dietetics and MSc Dietetics programmes at HKU SPACE in collaboration with the University of Ulster.

### Careers Opportunities

Graduates will have a range of career opportunities in the food, health and nutrition-related institutions or commercial companies. These include food manufacturing, product development, food trading, catering, quality control and assurance, health and nutrition promotion. Other potential careers include research careers in industry, universities and government.

### Professional Recognition

Graduates of this programme are eligible to apply for Member of Hong Kong Nutrition Association as nutritionist.



#### Student Sharing

"I always wish to help people establishing healthy eating habits via good nutrition knowledge. I started with the Advanced Certificate programmes in nutrition related subjects since 2014 and eventually became a Nutritionist upon completion of this BSc programme in 2020.

The BSc programme not only equipped me with solid and evidence-based nutrition knowledge, it also connected me with a group of classmates who shared the same ambitions. During my study, I joined a Taiwan Study trip which broadened my horizon on how the knowledge in food and nutrition can be applied in the hospitals and food industry outside Hong Kong."

**LL Choi (2020, Graduate)**

### Admission Requirements

Applicants shall:

1. (i) hold a Higher Diploma in Nutrition and Food Management or equivalent; OR  
(ii) \*have successfully completed all the required HKU SPACE programmes, namely:
    - Advanced Certificate in Nutrition and
    - ANY TWO of "Advanced Certificate in Child and Adolescent Nutrition or Advanced Certificate in Clinical Nutrition and Health Promotion or Advanced Certificate in Sport and Exercise Nutrition" and
    - Advanced Certificate in Food Service Management and
    - Advanced Certificate in Quality Control and Food Safety Management and
    - Advanced Certificate in Food Science and
    - Advanced Certificate in Human Biochemistry and Physiology; OR(iii) provide evidence of their ability to undertake the programme through the accreditation of prior certificated and experiential learning.
- and
2. provide evidence of English proficiency, such as
    - (i) HKCEE English Language (Syllabus B) at Grade E or level 2; OR HKDSE Examination Level 2 in English; OR
    - (ii) an overall band of 6 with subtest of 5.5 in the IELTS or equivalent.

\* Remarks:

- Based on the applicants' academic background, bridging courses at HKU SPACE suggested by the programme team may be required.
- Degree holders in other disciplines who have successfully completed the HKU SPACE programme programmes namely: Advanced Certificate in Nutrition and Advanced Certificate in Child and Adolescent Nutrition or Advanced Certificate in Clinical Nutrition and Health Promotion, Advanced Certificate in Food Science and Advanced Certificate in Human Biochemistry and Physiology, will normally have satisfied the entry requirements.

### Teaching Staff

This programme will be taught by staff members from HKU SPACE and HKU, academics from other tertiary institutions in Hong Kong as well as dietitians/ nutritionists. Occasional guest seminars held by staff from Ulster University, academic staff from renowned institutions, and representatives from the food industry may also be arranged.

### Time and Venue

3 sessions per week including Mon, Wed, Fri (7:00-10:00 pm) or Sat afternoons (2:30-5:30 pm)  
HKU SPACE Learning Centres (such as Admiralty, Causeway Bay, North Point)

### Financial Assistance

Students are eligible to apply for government's Non-means Tested Loan Scheme for Post-secondary Students (NLSPS)

### Fees

Application fee: HK\$150 (non-refundable)  
Course fee: HK\$137,000 (to be paid in 3 installments)

\*Fees are reviewed annually and are subject to change without prior notice.

### Application Procedure

Applicants should submit the following items:

1. Duly completed special application form;
2. Copies of academic certificates;
3. An application fee of HK\$150 (non-refundable)

### Mode of Delivery

The programme will be delivered in part-time mode. The teaching methods include face-to-face lectures, tutorials, workshops, laboratory practical sessions and research projects.

### Medium of Instruction

English

### Date of Commencement

Every October

### Deadline for Application

Every July

HKU SPACE is a non-profit making University company limited by guarantee.

This course is an exempted course under the Non-local Higher and Professional Education (Regulation) Ordinance. It is a matter of discretion for individual employers to recognise any qualification to which this course may lead.

Information in this leaflet is subject to change by HKU SPACE and Ulster University without prior notice. Please refer to HKU SPACE website or contact Programme Staff for latest information.